

Postoperative Instructions for Implant Placement & Bone grafting

- ❑ Take your medications as directed (antibiotics, analgesics, anti-inflammatory medications)
- ❑ Avoid smoking.
- ❑ Avoid sucking liquid through a straw.
- ❑ Swelling, pain, and bruising are expected.
- ❑ Rest
- ❑ Place light pressure and ice on the surgical site. 15 minutes off, 15 minutes on. (Only for 24 hours period after surgery)
- ❑ In case of multi-implant placement, liquid diet for 2 days (Carnation Instant Breakfast®, Meritene® and Ensure® are recommended) then soft foods (the consistency of mashed potatoes or scrambled eggs) may be consumed following the second day and for 10 days (until the incision has closed completely).
- ❑ Do not wear any interim prosthesis for 2 weeks. After 2 weeks, the interim prosthesis can be worn but you should not eat with it or wear it overnight.
- ❑ Do not lift or pull on lip or cheek to look at sutures.
- ❑ Do not brush and floss near the surgical site for few days, then use very light brushing and flossing for 4 weeks before returning to routine brushing and flossing.

- ❑ In case of immediate load, avoid mastication on the implant crown for 6-8 weeks
- ❑ Sutures should be removed in 2 weeks.
- ❑ Notify us if:
 1. Your medications do not relieve discomfort.
 2. You have questions.

Dr. Cameron Torabi
WEST LA IMPLANTS 310-481-0111